

**COSTA MESA LOCATION
RESOURCE LIST – ORANGE COUNTY**

EMERGENCY CALLS ONLY

911

LOCAL POLICE

Costa Mesa	(714) 754-5252
Fountain Valley	(714) 593-4485
Huntington Beach	(714) 960-8811
Irvine	(949) 724-7000
Newport Beach	(949) 644-3681

LOCAL FIRE

Costa Mesa	(714) 549-1111
Fountain Valley	(714) 962-1313
Huntington Beach	(714) 536-5411
Irvine	(949) 724-7200
Newport Beach	(949) 644-3681

POISON CONTROL CENTER

(800) 222-1222

AMERICAN RED CROSS (after 5 p.m.)

(714) 835-5381
(800) 540-2000

CHARTER OAK HOSPITAL (24-HR)

(800) 654-COPE

COLLEGE HOSPITAL (Costa Mesa)
(Cerritos)

(949) 642-2734
(714) 924-9581 or ((714) 826-2140



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Addiction Rehabilitation Services

(Drug and Alcohol Abuse Prevention Programs)

Adult Children of Alcoholics www.adultchildren.org

Alcoholics Anonymous- South County (949) 582-2697
North County (24 hrs.) (714) 773-4357

Al-anon/Alateen Orange County (714) 748-1113
www.orangecountyalanon.org

CODA/Codependants Anonymous - Orange (714) 573-0174

Narcotics Anonymous-Santa Ana (714) 776-8581

Teen Challenge (714) 835-8822

AIDS/HIV

(See Free Clinics)

National AIDS Hotline (24 hr.) (800) 232-4636
Spanish (800) 344-7432

Charitable Organizations

Salvation Army Corps, Santa Ana (714) 542-9576
Hospitality House Shelter, breakfast, dinner
818 East 3rd Street Shower, clothes, voucher
Santa Ana, CA 92701 Haircut voucher

United Way (when someone is facing a crisis in need of help) 2-1-1

Child Abuse And Family Violence

Child Abuse Services
Orange County Dept. of Social Services (714) 704-8000

Orange County Child Abuse Prevention Program (714) 543-4333
(Reporting-Orange) (714) 547-0168

Child Abuse Hotline (714) 940-1000 or
(800) 207-4464



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College Hospital Helpline SERVICES PROVIDED AT NO COST	(800) 352-3301 Referrals for: Suicide, Substance Abuse, Anxiety, Child Abuse, Grief, Family crisis, rape, depression, psychiatric distress, eating disorders
Domestic Violence (24 hr.) Domestic Violence Assistance Program Elder Abuse Hotline (24 hr.)	(714) 992-1931 (714) 973-0134 (800) 451-5155
Human Options (Battered women’s self-help)	(714) 497-1570
Interval House (Shelter and counseling for women and children)	(714) 891-8121 (800) 978-3600; (562) 594-4555
Laura’s House (Shelter and counseling for battered women and children)	(949) 498-1511
Mariposa Women’s Shelter	(714) 547-6494
National Child Abuse Hotline	(800) 422-4453
Sexual Assault Hotlines Sexual Assault Victim Services (North) Sexual Assault Victim Services (South)	(714) 957-2737 (949) 831-9110
Orange County Department of Social Services Child Abuse Registry Elder & Dependent Adult Abuse	(800) 207- 4464 (800) 451-5155
Women’s Transitional Living Center (24 hrs. hotline)	(714) 992-1931

Counseling

Adult Mental Health	(714) 480-6767 (866) 830-6011
Counseling and Psychotherapy Referral Service	(714) 259-7167
Gay and Lesbian Community Services	(714) 534-0862



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Human Options Counseling Center	(714) 435-9992
Interval House-Seal Beach (Shelter and counseling for women and children)	(714) 891-8121
Nineline (counseling for teens)	(800) 999-9999
Pacific Hills Treatment Centers Drug/Alcohol 32234 Paseo Adelanto Suite C San Juan Capistrano, CA 92675 www.pachils.com	(949) 248-5335
Remuda Ranch Center for Anorexia and Bulimia Jack Burden Road Box 2481 Wickenburg, AZ 85358 www.Remuda-ranch.com	(602) 684-7284 (800) 445-1900 toll free (602) 684-7903 fax

Disabled Services

Advocates/ Disabled (ADD)	(714) 547-4206
Assn. for Retarded Citizens (Developmentally Disabled)	(714) 744-5301
Learning Disabilities Assn. of Calif.	(714) 547-4206

Employment

California Conservation Corps (ages 18-23)	(888) 641-2677
CA Dept of Rehabilitation (job assistance for persons with disabilities)	(714) 662-6-3-
Goodwill Industries (Counseling and vocational rehab)	(714) 547-6301
Youth Employment Services (Ages 14-22)	
Anaheim	(714) 956-1182
Costa Mesa	(949) 642-0474
Irvine	(949) 724-6740
Santa Ana	(714) 565-2688



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Financial Assistance

Orange County Community Development Council	(714) 839-6199
Orange County Department of Social Services	(714) 541-7700
Santa Ana Regional Office	(714) 435-5800
Social Security Information	(800) 772-1213

Food Pantries

Food Stamps	(714) 435-5900
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Free Clinics

Anaheim

UCI Family Health Center 300 W. Carl Karcher Way Languages: English, Spanish, Vietnamese	(714) 456-7002
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Costa Mesa

Share Ourselves Free Clinic 1550 Superior Ave.	(949) 650-0640
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Fullerton

St. Jude Medical Center Mobile Health Clinic 101 E. Valencia Mesa Dr.	(714) 446-5100
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Sierra Health Center

1815 West Ave. Suites E-G Languages: English, Spanish, Tagalog	(714) 870-0717
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Garden Grove

Nhan Hoa Comprehensive Health Care Clinic 14221 Euclid St., Suite H Languages: English, Vietnamese	(714) 539-9999
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Huntington Beach

Huntington Beach Community Clinic 8041 Newman Ave.	(714) 847-4222
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Laguna Beach

Laguna Beach Community Clinic	(949) 494-0761 ext. 10
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COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

362 3d Ave.
Laguna Beach

Long Beach

The Children's Clinic (562) 933-0400
2801 Atlantic Ave
Long Beach
Languages: Cambodian, English, Tagalog, Spanish

Orange

Lestonnac Free Clinic (714) 633-4600
1215 E. Chapman Ave.

Living Well Medical Clinic (714) 633-4673
1234 W. Chapman Ave., Suite 203

La Amistad Clinic (714) 771-8252
353 S. Main St.

San Juan Capistrano

Mission Hospital's Camino Health Center (949) 240-2272
33081 Calle Perfecto, Suite A

Santa Ana

Clinica CHOC para Ninos (714) 558-8811
406 S. Main St.

Free Health Plan (714) 285-9883
1515 S. Broadway, Suite D

Free Health Plan (714) 668-1750
2209 S. Main St.

UCI Family Health Center (714) 456-7002
800 N. Main St.
Languages: English, Spanish, Tagalog, Vietnamese

Vietnamese Comm. of Orange Cty. Asian Health Ctr. (714) 418-2040
5015 W. Edinger Ave. Suites K-L
Languages: English, Vietnamese

Health Services

Healthy Families low cost ins. (800) 880-5305
For children to 15 yrs. old



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Huntington Beach Community Clinic (714) 847-4222
17692 Beach Blvd., Suite 200 (M-Th 8:30-6, F 8:30-1)
Huntington Beach, CA 92647

Laguna Beach Community Clinic (949) 494-0761
362 3rd Street (M-F 8:30-5, Sat 9-12)
Laguna Beach, CA 92651

Medical Services Initiative (21 yrs. to 64 yrs. old) (714)480-6333
Eligibility and questions

S.O.S. Free Medical Clinic (714) 650-0640
1550 Superior Avenue Call for sign-in
Costa Mesa, CA 92627 times(Dental clinic also
available)

Hospitals

Tom Barbian, M.S. (805) 947-5928
Antelope Valley Christian Counseling Center. (800) 272-2822
190 Sierra Court, Suite C-4 Marriage, Family and
Lancaster, CA 93535 Child Counselor (Out-
Patient and In-Patient
Hospital Programs)

Del Almo Hospital (310) 530-1151
23700 Camino del Sol (310) 539-5061 FAX
Torrance, CA 90505 National Treatment Center
for Multiple Personality
and Dissociation

Evaluation and Treatment Services (714) 850-8463
3115 Red Hill Emergency Evaluation
Costa Mesa, CA 92626 Determining
Hospitalization/Referral
Service for Hospitalization

Housing

Anaheim Interfaith (families or single parent with child(ren). (714) 774-8502
Must have income)



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Casa Teresa Single pregnant women (7 mos. and under) with no other children. School or work required. Orange	(714) 538-4860
Casa Youth Shelter (ages 12 to 17) Accepts pregnant teens. Los Alamitos	(800) 914-2272
Colette's Children's Home Single women with or without children. Fee. Huntington	(714) 596-1380
CSP Youth Shelter (11 to 17 yrs. old) South County 3 week short term	(949) 494-4311
Eli Home Transitional housing for women with children under age 12 who are victims of family abuse of domestic violence. Faith-based. Fee	(714) 300-0600
Families Forward Families, single parent with child(ren). Serves Irvine and south county only.	(949) 552-2727
Friendship Shelter Single men and women, willingness to work and be clean and sober. Laguna Beach	(949) 494-6928
Fullerton Interfaith/New Vista Families or single parent with children. Must have income. No singles/no couples.	(714) 680-3691
H.I.S. House Transitional living for families, singles, single parents with children, and couples. Placentia	(714) 993-5774
Hannah's House Single pregnant women considering adoption. Must be working or attending school. Orange	(714) 538-2185
House of Hope Single women, women with children under 10, youth, accepts pregnant women. Santa Ana/Orange	(714) 247-4340
Huntington Youth Shelter Ages 11-17. Huntington Beach	(714) 842-6600



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Interfaith Shelter Network Single employable adults, 4 mos. program.	(714) 738-0534
Interval House Shelter and counseling for women and children	(714) 891-8121
Kathy's House Women with or without children. 6 mos. transitional recovery program for substance abuse or DV.	(949) 248-8300
Laurel House Youth, ages 11-17. No pregnant, no drug/alcohol abuse, probation or criminal record. Tustin	(714) 832-0207
Mary's Shelter Pregnant youth 12-17. Parental consent required. Santa Ana	(714) 730-0930
Mercy House Programs Transitional living for single men and single women with children under 10. Must be employed or in job training full time. Santa Ana Also operates Emmanuel House, transitional housing for single adults with HIV/AIDS	(714) 836-7188
Orange Coast Interfaith Shelter Emergency and transitional shelter for families, pregnant. No single men or women. Costa Mesa	(800) 775-7213
Salvation Army Hospitality House Families, singles, single parents, pregnant women, disabled and couples with no children. 818 East Third St, Santa Ana. CALL FOR AVAILABILITY	(714) 542-9576
Sheepfold Women with children. Faith-based. Orange	(714)237-1444
Shelter for the Homeless www.shelterforthehomeless.org	(714) 897-3221
Thomas House Families, singles with children, accepts pregnant. Must be willing to work. Garden Grove	(714) 647-7534



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Toby's House (949) 661-4408
Single pregnant women. May have other children. South
County

WISE Place for Women (714) 542-3577
Single employable women or employed women. No
children. Fee. Santa Ana

Immigrant & Refugee Services

U.S. Immigration & Naturalization (800) 375-5283
www.ins.usdoj.gov (800) 767-1833

Asylee Hotline (800) 354-0365

Legal Services

College Legal Clinic (714) 870-5757
P.O.Box 3759 (M-F 10-4)
Fullerton, CA 92634

Lawyers Referral Service (714) 547-0763
Legal Aid Society of Orange County (M-F 9-5)
902 N. Main Street
Santa Ana, CA 92701

Women's Law Center (714) 634-4242
1 City Blvd. West, Suite 840 (M-F 8-8)
Orange, CA 92668 (Sliding Fee Scale)

Orange County Bar Association
Lawyer referral (949) 440-6747

Orange Count Public Defender (714) 834-2144

Public Law Center (free for low income) (714) 541-1010

State Bar of California (800) 843-9053
(Records complaint against attorneys)

Loss Of Spouse

Widowed Persons Services
1909 K. Street N.W.
Washington, DC 20006-1152

Mental Health & Crisis Intervention



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Mental Health Referral Service	(800) 843-7274
Orange County Association for Mental Health Information and Referral Service	(714) 547-7559
Adult Protective Services Hotline (24 hrs)	(800) 451-5155
Child Protective Services	(714) 704-8000
Youth Crisis Hotline	(800) 448-4663
Child Abuse Registry (confidential child abuse reporting line)	(800) 207-4464
Missing Children And Runaways	
California Youth Crisis Line (24 hr.)	(800) 843-5200
Hotline for Missing and Exploited Children	(800) 843-5678
National Runaway Switchboard (24 hr.)	(800) 621-4000
Vanished Children’s Alliance (sightings only) (24 hr.)	(800) 826-4743
Abducted, Abused and Exploited Children Child Quest International	(800) 248-8020
Boys Town National Hotline	(800) 448-3000
California Missing Children Hotline	(800) 222-3463
National Runaway Switchboard	(800) 621-4000
Pregnant Women Shelters/Assistance	
Advanced Outreach	(714) 704-8527 Housing, prenatal care, public health nurse, financial resources, counseling, and treatment programs to pregnant women who are at risk of substance abuse.
Angels Way 22212 Welby Way	(818) 346-2229



**COSTA MESA LOCATION
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Canoga Park, CA 91303

Casa de los Angelitos
954 Koleeta Dr.
Harbor City, CA 90710

(310) 325-8208

Casa Teresa, Inc.
123 W. Maple Ave.
Orange, CA 92866
E-Mail: casateresa@earthlink.net

(714) 538-4860
Offer assistance for
women 18 years and older
through pregnancy and for
2 months after. Must call
first for an appointment

Elizabeth House
P.O. Box 94077
Pasadena, CA 91104

(626) 577-4434

Harvest Home
2118 Wilshire Blvd. #358
Santa Monica, CA 90403

(310) 452-1223

His Nesting Place
350 E. Market St.
Long Beach, CA 90805

(562) 422-2137

Mary's Shelter
P.O. Box 10433
Santa Ana, CA 92711-0433
E-Mail: info@teenshelter.org
www.teenshelter.org

(714) 730-0930

New Life Beginnings
1092 East 17th Street
Long Beach, CA 90813

(562) 562-590-1538

Precious Life Shelter
P.O. Box 414

(562) 431-5025
Offer assistance for



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Los Alamitos, CA 90720
E-mail: pls@cityworld.com

women 18 years and older
through pregnancy and for
2 months after.

Sarah's House
P.O. Box 382
Moorpark, CA 93020

(805) 581-1910

Tender Life, Inc.
1584 E. Thompson Blvd.
Ventura, CA 93001

(805) 653-7474

Toby's House
c/o 300 Presidio
San Clemente, CA 92692
Email: klrichards@integrityonline.com

(949) 661-4408

Psychotherapy

Alpha Counseling
117 N. Main St.
Placentia, CA 92870-5603

(714) 993-4400
sliding scale; minimum fee
\$40; Spanish speaking

Nancy Anderson.
Costa Mesa, CA

SCC ext. 488
(714) 435-0139
Christian; whole person
focus; domestic violence

Biola Counseling
13800 Biola Avenue
Orange, CA 92648

(562) 903-4800
Christian Psychotherapy
Group Practice

Center for Family Therapy
882 Town and Country Road
Orange, CA 92668

(714) 558-9266
Christian Psychotherapy
Group Practice

Chapman Community Clinic
333 N. Glassell
Orange, CA 92866

(714) 997-6746
sliding scale



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

Donna M. Dwaileebe
Bristol Cove Counseling
2900 Bristol E-104
Costa Mesa, CA 92626
(714) 854-9632
Group and Private Practice
Christian Psychotherapy

Dr. Julie Giglio
161 Fashion Lane
Tustin, CA 92780
(714) 730-1433
Private Practice Christian
Psychotherapy
(M-Th)

Chernekoff, Johnson & Associates
30131 Town Center #280
Laguna Niguel, CA
(949) 495-1551

Orange County Mental Health. (714) 834-4722

Pacific Counseling Center
(at Rouanzion & Assoc.)
2500 E. Nutwood Ave Suite 212
Fullerton, CA 92831-3100
(714) 680-0663
Fees: \$0 to \$10

Turning Point
Call Center
(909) 860-6737
Group Practice
Sliding Scale; Bi-lingual,
Christian. Ventura,
Escondido, Orange
County, Inland Empire,
LA County,

Jeanette Stoker
Alpha Counseling
(714) 993-4400

Rape And Sexual Assault:

Sexual Assault Victim Services Hotline (No. O.C.)
South O.C.
(714) 957-2737
(949) 831-9110

Victim Witness Assistant Program (24 hr.)
Santa Ana
Fullerton
Westminster
(714) 834-4350
(714) 773-4575
(714) 896-7188

Safe Houses / Women and Children Crises Centers



**COSTA MESA LOCATION
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The Sheepfold P.O. Box 3948 Tustin, CA 92681 Women and Children Shelter Orange, CA	(714) 237-1444
Living Well Medical Clinic 18700 Main Street, Suite #106 Huntington Beach, CA 92648	(714) 375-7575 Free Pregnancy Testing Christian Counseling for Single, Pregnant Women
H.O.P.E Helping Others Prepare for Eternity 1198 Pacific Coast Highway Ste. D-248 Seal Beach CA 90740	562-430-8253
Human Options 24-Hour Hotline Shelter South Laguna Beach	(949) 494-5367
Interval House P.O. Box 3356 Seal Beach CA 90740	(714)891-8121
Oceanside Women’s Resource Center and Shelter (Randy & Mary Devince) 1963 Apple St Oceanside, CA 92054	(760) 757-3500
The Friendship Shelter 1335 S Coast Hwy PO Box 4252 Laguna Beach, CA 92651	(949) 494-6928
WTLC Shelter of Orange Women’s Transitional Living Center PO Box 6103 Orange, CA 92863	(714) 992-1931 Hotline (714) 992-1939 Business line
Youth Shelter South Orange County 980 Catalina Laguna Beach, CA 92651	(949) 494-4311
YWCA: Santa Ana	(714) 542-3577



COSTA MESA LOCATION RESOURCE LIST – ORANGE COUNTY

1411 N Broadway
Santa Ana, CA 92706

Senior Citizens Services:

AARP/American Association Retired Persons Long Beach	(800) 424-3410 (310) 427-9611
Abrazar Elderly Assistance	(714) 893-3581
Alzheimer's Disease Educ/Referral	(800) 438-4380
Elder Abuse Hotline	(714) 566-3116
Meals on Wheels 20 Lake Rd Irvine, CA 92612	(949) 786-6870 Available to anyone who is house bound regardless of age or income.

Suicide

Hotline Help Center	(714) 639-4673 Suicide, Spouse Abuse, Child Abuse, Drug Addiction, Prayer, Counseling by Phone short-term Counseling Available
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Suicide Prevention/Intervention

Suicide Evaluation (free) Centralized Assessment Team 2035 E. Ball, #200 Anaheim, CA 92805	(866) 830-6011 OC Adult Mental Health Services. Will go into community with police to evaluate
Crisis /ER Psychiatric Triage (Mental health and drug abuse)	(714) 834-6900
Hotline of Southern California (8:00 a.m. to midnight)	(714) 894-4242



**COSTA MESA LOCATION
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Suicide Hotline (24 hrs) (714) 639-4673

Veterans Services

Veterans Services (OC) (714) 567-7450

Veterans Charities of O.C. (714) 547-0615

Youth And Teen Services

Western Youth Services (714) 871-4282
(Counseling Services)

Runaway National Switchboard (800) 621-4000

